

## **APPLE CARTWHEELS**



<u>SENSORY OBJECTIVES</u>: STICKY! FEEL (AND MAYBE TASTE) THE PEANUT BUTTER AND THE HONEY, BOTH ARE STICKY BUT THEY DON'T FEEL THE SAME.

SPEECH OBJECTIVES: IS THIS A HEALTHY SNACK? DO YOU LIKE THE COMBINATION OF SMOOTH AND CRUNCHY AND CHEWY?

## **INGREDIENTS:**

- 1/4 CUP PEANUT BUTTER
- 2 TEASPOONS HONEY
- ½ CUP MINI CHOCOLATE CHIPS
- 2 TABLESPOONS RAISINS
- 3 GRANNY SMITH APPLES (OR YOUR FAVORITE APPLE), WASHED

## **INSTRUCTIONS**:

MIX TOGETHER PEANUT BUTTER AND HONEY. FOLD IN MINI CHIPS AND RAISINS.

WASH AND DRY APPLES, SLICE APPLES SIDE TO SIDE, NOT TOP TO BOTTOMABOUT 5 SLICES PER APPLE. REMOVE THE CORE FROM THE CENTER.

FILL THE CENTERS WITH PEANUT BUTTER MIXTURE AND ENJOY!